



***Functional Medicine Grand Rounds:
A In-Depth Day of Clinical Cases and Discussions with the Experts***

Friday, May 29 (noon) to Saturday, May 30 (noon)

The Institute for Functional Medicine is thrilled to invite you to participate in the 16th International Symposium including the **NEW** *Functional Medicine Grand Rounds: A Day of Clinical Cases and Laboratory Evaluations*. This exciting new addition to the IFM Symposium will be convened at the end of 2 1/2 days of outstanding & clinically useful plenary and concurrent sessions (see program schedule).

The *Functional Medicine Grand Rounds* Day is designed to dive deeply into the subtle and sometimes complicated process of assessing and treating individual patients with mood disorders from a functional medicine perspective. Together, we will evaluate specific laboratory tests that clinicians should be aware of in working up a patient with a mood disorder. We'll examine the following four areas and the laboratory tests associated with them:

- Evaluating Adrenal Stress: Cortison and Dehydroepiandrosterone
- Evaluation of Gluten Sensitivity
- Evaluation of Amino Acids Associated with Depression
- Evaluation of Selected Nutrients Involved in Mood Disorders

We'll also use a variety of case study formats to explore different aspects of functional medicine evaluation and treatment of specific mood-related conditions, including:

- Dysthymia and Depression
- Postpartum Depression, Perimenopause and Premenstrual Dysphoric Disorder
- Urinary Neurotransmitters – Point/Counterpoint

This exciting new grand rounds day will take your Symposium experience to an all new level of functional medicine clinical competence.