



**KENNETH A. BOCK, MD**, received his medical degree with honors from the University of Rochester School of Medicine in 1979. He is board certified in family medicine and a clinical instructor in the Department of Family Medicine at Albany Medical College. He is a fellow of the American Academy of Family Practice and the American College of Nutrition. He is the immediate past president of the American College for Advancement in Medicine. For more than 25 years, he has dealt with complex medical problems by integrating alternative modalities with conventional medicine into a comprehensive integrative medical practice, and for the past decade, he has focused that approach on children with autism spectrum disorders, ADHD, asthma, and allergies. Dr. Bock's Healing Program is at the vanguard of the new biomedical approach to the treatment of children affected by these disorders.

He is the coauthor of four books: *The Road to Immunity* (Pocket Books), *Natural Relief for Your Child's Asthma* (Harper Collins), *The Germ Survival Guide* (McGraw Hill), and *Healing the New Childhood Epidemics: Autism, ADHD, Asthma and Allergies* (Random House). He lectures nationally and internationally on immune system health and integrative approaches to autism spectrum disorders, ADHD, asthma, and allergies.



**JEANNE DRISKO, MD**, is the Riordan Professor of Orthomolecular Medicine and Director of the Program in Integrative Medicine at the University of Kansas Medical Center. Dr. Drisko conducts integrative medicine research at the university, including trials investigating the efficacy and safety of intravenous ascorbate in cancer, bioidentical "natural" hormones, and chelation therapy in cardiovascular disease. She was awarded the 2006 K-INBRE research award at the medical center. Dr. Drisko teaches a fourth-year medical student elective in integrative medicine, along with other teaching duties with first- and second-year students, nursing students, and practicing physicians. A fellowship program in integrative medicine for primary care physicians began in 2008 under Dr. Drisko's leadership. She was nominated by the University of Kansas Medical Student Assembly to receive the Rainbow Award for Excellence in Teaching the Art of Medicine.

Dr. Drisko serves the University of Kansas School of Medicine by sitting on multiple committees, provides guidance for the State of Kansas on topics in integrative medicine, and participates at the national level on complementary and alternative medicine (CAM) initiatives. She is a member of the Kansas Cancer Research Institute and an advisory board member of the General Clinical Research Center at the university. She served on an Institute of Medicine committee, and the resulting report on CAM was published in 2005. The Program in Integrative Medicine at the University of Kansas Medical Center is a member of the Consortium of Academic Health Centers for Integrative Medicine, a prestigious group of top academic CAM programs, for which Dr. Drisko serves on the steering committee. Dr. Drisko has been an advisor to the National Education Dialogue for CAM therapies, and she served on an expert panel for CAM therapy integration by the RAND Corporation. She is president of the American College for Advancement in Medicine, the oldest CAM physician member organization.



**KRISTI HUGHES, ND**, founded the Center of Natural Healing Arts over a decade ago with a vision of providing integrated healthcare solutions for the public, as well as healthcare providers both locally in Minnesota and internationally. Dr. Hughes attended the University of Minnesota-Duluth and then graduated from the National College of Naturopathic Medicine in Portland, Oregon, in 1997. While in medical school, she worked at the Fibromyalgia and Myofascial Pain Clinic, learning advanced strategies for managing chronic pain naturally, and she studied under Dr. Carolyn McMakin, specializing in the use of frequency specific microcurrent. Dr. Hughes became an Applying Functional Medicine in Clinical Practice graduate in 2000, and she is an active member of The Institute for Functional Medicine. Dr. Hughes manages an integrated team of healthcare providers at her three clinic locations, which include personal trainers, massage therapists, and lifestyle coaches who participate both clinically and within the local communities. In 2008, Dr. Hughes cofounded the Foundation Wellness Program where she developed a natural healthcare wellness program customized for organizations and corporations; she now holds the role of Chief Knowledge Officer. The program offers on-site laboratory screening events with body composition assessments, coupled with a six-month educational series of lifestyle-transforming Webinars, group presentations, and personalized coaching.



**DIANA NOLAND, MPH, RD, CCN**, is a board-certified clinical nutritionist who received her undergraduate degree from the University of Utah as a Foods & Nutrition and Chemistry major and spent three years as a chemistry student researcher with Molybdenum Salts. She was invited to spend a semester at the University of Hawaii for special research on the irradiation of foods for preservation. She continued her graduate work at Loma Linda University, received a Master's of Public Health Nutrition, and completed a 12-month dietetic internship, becoming a registered dietitian. During her MPH thesis work, she developed and implemented the St. Helena Center for Health seven-day live-in Stop Smoking Clinic, which is still operating as The Center for a Smoke-Free Life. Diana began her career as the first clinical dietitian at Eisenhower Medical Center, Palm Desert, California, establishing the nutrition protocols for the diabetes program, which is now world renowned. She went on to work in hospital settings, specializing in diabetes, nutrition support, burn nutrition, pediatrics, and wellness nutrition, in addition to teaching dietetics at the University of the District of Columbia, American University of Complementary Medicine, workshops at UCLA, and various professional associations. In practice and teaching, Diana has continued her passion throughout her career to promote an integrative and functional medicine philosophy in nutrition.

For 10 years, Diana has operated a private practice in Burbank, California, providing an integrative approach to her medical nutrition therapy services. Diana's current interests are in the research and clinical application of nutritional biochemistry, detoxification, and nutrigenomics, with emphasis on correctly assessing the cellular function of a patient in order to better intervene and improve the outcome of nutritional therapy. Diana has developed unique protocols for comprehensive, individualized clinical nutrition assessment and intervention. As part of the chronic care team, her priority is contributing nutritional support to the physician in the medical management of patients.



**JOHN CLINE, MD** is a medical doctor who utilizes an integrative approach in his practice. He obtained a BSc in Biochemistry, followed by his MD and residency training in family medicine at the University of Calgary, Alberta, Canada. Dr. Cline has a particular interest in using various detoxification strategies and has taken extra training through the American Board of Chelation Therapy and the American Academy of Neural Therapy. He is medical director of the Cline Medical Centre in Nanaimo, located on Vancouver Island, British Columbia, Canada. He is also medical director for the Oceanside Functional Medicine Research Institute and has collaborated with Michael Lyon, MD on several research projects related to ADHD.



**ROBERT ROUNTREE, MD** received his medical degree from the University of North Carolina School of Medicine at Chapel Hill in 1980. He subsequently completed a three-year residency in family and community medicine at the Milton S. Hershey Medical Center in Hershey, Pennsylvania, after which he was certified by the American Board of Family Practice. He is a diplomate of the American Board of Holistic Medicine. He has augmented his training with extensive postgraduate studies in nutritional and herbal pharmacology along with certification as a master practitioner of Neuro-Linguistic Programming.

Dr. Rountree has been providing his unique combination of traditional family medicine, nutrition, herbology, and mind-body therapy in Boulder, Colorado, since 1983. He has recently opened Boulder Wellcare, a private practice specializing in individual healthcare consulting. He is coauthor of three books on Integrative Medicine, *Immunitics: A Revolutionary Way to Fight Infection, Beat Chronic Illness and Stay Well* (Putnam, 2000), *Smart Medicine for a Healthier Child* (Avery Publishing, 1994) and *A Parent's Guide to Medical Emergencies* (Avery, 1997). In addition, he is a contributing writer for *The Herbal Drugstore* (Rodale, 2000) and is the featured subject of chapter 16 in the book, *An Alternative Medicine Definitive Guide to Cancer* (Future Medicine, 1997). His articles appear regularly in *Herbs for Health*, *Let's Live*, and *Great Life* magazines.

He has lectured widely to popular and professional audiences and frequently appears on radio shows throughout the United States and Canada. He is a regular faculty member at The Institute for Functional Medicine in Gig Harbor, WA. He serves on the advisory board for the Herb Research Foundation as well as the editorial boards of *The Journal of Alternative and Complementary Medicine*, *Alternative and Complementary Therapies* and *Delicious! Living Magazine*. A member of the Wilderness Medical Society, he is passionate about the outdoors and enjoys hiking, backpacking, mountain biking, scuba diving, and world travel.