



THE INSTITUTE FOR FUNCTIONAL MEDICINE  
4411 Point Fosdick Dr. NW  
Gig Harbor, WA 98335

Thank you for registering for the 16<sup>th</sup> International Symposium “Illuminating the Path Forward: Integrating New Approaches for the Evaluation and Treatment of Mood Disorders”, May 27-30, 2009 in Hollywood, FL.

Below is a list of the Concurrent Sessions for the 16<sup>th</sup> International Symposium. Please make your choices by checking the appropriate boxes.

After completing this form, please print it out and fax to (253) 853 6766. If you have Adobe Acrobat or similar PDF program, you can print this document to a “PDF” file and then email it to [suesabol@fxmed.com](mailto:suesabol@fxmed.com) If you have any questions regarding this form please call the following toll free number: 1 800 228 0622. Thank you!

**Name:**

**Email:**

**Best phone to reach you:**

#### **PLENARY SESSION**

**Wednesday, May 27 through Friday May 29, Noon**

For the Plenary session, you may choose one concurrent session for the early afternoon and one concurrent session for the late afternoon for both Wednesday and Thursday.

#### **Wednesday, May 27**

##### **Early Afternoon 2:30-4:00 (Choose ONE session)**

- 1A. Interpersonal and Social Rhythm Therapies in the Treatment of Mood Disorders - David Goldstein, MD
- 1B. Mood Disorders and HPTA Dysfunction: Assessment and Treatment – Filomena Trindade, MD, MPH
- 1C. The War Within: The Immune System, Infections, Inflammation, and Mood Disorders – Robert Hedaya, MD
- 1D. Using Urinary Neurotransmitters and Amino Acid Therapy in the Treatment of Anxiety and Depression – Konrad Kail, ND

##### **Late Afternoon 4:30-6:00 (Choose ONE session)**

- 1E. Recognizing PTSD and Assessing Treatment Options – James Gordon, MD
- 1F. Toxic Metals: An Underappreciated Cause of Mood Disorders – Mark Hyman, MD
- 1G. The War Within: The Immune System, Infections, Inflammation, and Mood Disorders – Robert Hedaya, MD
- 1H. Treatment of Childhood Depression – Timothy Culbert MD

**Name:**

**Thursday, May 28**

**Early Afternoon 2:30-4:00 (Choose ONE session)**

- 2A. Mood Disorders and HPTA Dysfunction: Assessment and Treatment – Filomena Trindade, MD, MPH
- 2B. The Management of Atypical Depression through Modulation of the Mucosal Immune System – Michael Ash, DO, ND
- 2C. Treating Mood Disorders Associated with PMS and Perimenopause – Anna Cabeca, DO
- 2D. Treatment of Mood Disorders Based on Pattern Recognition of Amino and Organic Acids – Richard Lord, PhD

**Late Afternoon 4:30-6:00 (Choose ONE session)**

- 2E. Facilitated discussion of Practice Models (non-CME)
- 2F. Treating Mood Disorders Associated with PMS and Perimenopause – Anna Cabeca, DO
- 2G. Neurobiology of Mood: Strategies and Protocols for Neurotransmitter Balance – Jay Lombard, DO
- 2H. A Seven Step Approach to Working with the Depressed Patient – James Gordon, MD

**GRAND ROUNDS**

**Friday, May 29, Noon through Saturday, May 30, Noon**

For the Grand Rounds, you may choose one concurrent session for the late afternoon on Friday and one concurrent session for the morning session on Saturday.

**Friday, May 29**

**Late Afternoon 4:30 – 6:00 (Choose ONE session)**

- 3A. Dysthymia and Depression- Monique Class, MS, APRN, BC, Richard Panico, MD, and Tom Sult, MD
- 3B. Postpartum Depression, Perimenopause, and Premenstrual Dysphoric Disorder- Alicia Stanton, MD, Joel Evans, MD, Margaret Christensen, MD
- 3C. Urinary Neurotransmitters: Point/Counterpoint- Jay Lombard, DO, Chip Watkins, MD
- 3D. Case Discussions on Assessment and Treatment of Sleep Disorders- Robert Rountree, MD; Kristi Hughes, ND; and Joseph Lamb, MD

**Saturday, May 30**

**Early Morning 8:00-9:30 (Choose ONE session)**

- 4A. Dysthymia and Depression- Monique Class, MS, APRN, BC, Richard Panico, MD, and Tom Sult, MD
- 4B. Postpartum Depression, Perimenopause, and Premenstrual Dysphoric Disorder- Alicia Stanton, MD, Joel Evans, MD, Margaret Christensen, MD
- 4C. Urinary Neurotransmitters: Point/Counterpoint- Jay Lombard, DO, Chip Watkins, MD
- 4D. Case Discussions on Assessment and Treatment of Sleep Disorders- Robert Rountree, MD; Kristi Hughes, ND; and Joseph Lamb, MD