



THE INSTITUTE FOR
**FUNCTIONAL
MEDICINE®**

MEDICAL SCHOOL AND RESIDENCY PROGRAMS CURRENTLY INCORPORATING FUNCTIONAL MEDICINE

Albert Einstein College of Medicine

- Monthly talks on functional and integrative medicine for neurology and pediatrics departments for medical students, house staff, and attending physicians

Baylor University Medical Center

- Opening integrative medicine clinic based on functional medicine principles caring for cancer patients

Canadian Memorial Chiropractic College

- Program planned to teach functional medicine courses to students, including post-graduates

Hennepin County Medical Center, Minneapolis, MN

- Integrative medical residency program, introducing functional medicine principles, including archived lectures for residents
- Principles of functional medicine practiced in integrative health clinic; Annual Wellness Visit option for patients

Lake Erie College of Osteopathic Medicine

- Mandatory Integrative Clinical Nutrition course for first-year osteopathic medical students

Loma Linda University

- Two-week intensive clinical functional medicine elective for fourth-year medical students
- In-depth, didactic elective on functional medicine for chronic conditions to be offered in 2012
- Several electives utilizing functional medicine for students and residents during mandatory Preventive Medicine rotation, e.g., Integrative Functional Medicine Senior Elective
- Life Style Integrative Functional Medicine Fellowship, 2011-2012.
- Working on additional curriculum change for medical students to include functional medicine

Michigan State University School of Osteopathic Medicine

- Six-week, 15-hour elective course on functional medicine principles and preventive medicine for first- and second-year medical students
- Three hours of functional medicine principles in the second-year chronic illness course
- Working on curriculum change for medical students to include functional medicine

National University of Health Sciences

- 15-week required course during third term of 10-Term Doctor of Chiropractic curriculum
- Development of additional elective course in functional medicine
- Functional medicine topics addressed in other courses (Clinical Natural Medicine and Botanical Medicine) as well as the Naturopathic Degree program

New York Chiropractic College

- Therapeutic nutrition/functional medicine course in the Master's Program of Applied Clinical Nutrition at the New York Chiropractic College

SUNY Buffalo

- Electives in functional medicine for medical students
- Designing functional medicine curriculum courses for third- and fourth-year medical students

Swedish Cherry Hill Family Medicine Residency Program, Seattle, WA

- Courses incorporating functional medicine principles for residents
- Principles of functional medicine taught to all residents in their required rotation through the Integrative Medicine consultation clinic
- More detailed teaching about functional medicine for residents concentrating in Integrative Medicine

Tallahassee Memorial Healthcare

- Family Medicine Residency Program collaborating with IFM to integrate functional medicine/nutrition into curriculum and clinical activities. Work funded by a \$1.2 million grant from the Florida Agency for Health Care Administration.
- Pilot project will establish a Medical Symptom Reduction Clinic utilizing the functional medicine model and a chronic-care team approach for patient care.

University of California-Los Angeles

- Planned and approved functional medicine presentations to first- and second-year medical students, as well as residents and faculty

University of Iowa College of Medicine

- Introductory courses on functional medicine concepts and nutrition to first- and second-year students
- Pilot study testing feasibility and safety of several interventions utilizing functional medicine principles (exercise, microelectric current stimulation, nutritional) in patients with secondary progressive multiple sclerosis. Study funded by Direct MS Charity of Canada and in-kind support from DJO incorporated and Pinnaclelife Incorporated.
- Meetings with family practice residents once weekly during orientation and then during periodic teaching conference lectures

University of Miami

- Funding for three years for a 200-hour functional medicine / clinical nutrition certificate program, through the Department of Family Medicine
- New graduate degree program in Nutrition for Health and Human Performance as part of the Kinesiology & Sports Sciences Department

University of Stellenbosch, South Africa

- Postgraduate certificate course in integrative medicine for MDs
- Three 12-week modules in integrative and functional medicine for clinicians—the second module, Principles and Practice of Patient-Centered Care, is devoted to functional medicine

University of Washington, Family Medicine of Southwest Washington

- Didactics incorporating functional medicine principles for residents throughout the curriculum
- Integrative medicine consultation clinic (mandatory for interns, elective sessions for second- and third-year residents)
- Resident wellness program built on functional medicine principles