



**INSTITUTE FOR FUNCTIONAL MEDICINE**  
**FEBRUARY 18<sup>TH</sup> – FEBRUARY 23<sup>RD</sup>, 2008 AFMCP SCHEDULE**

**FEBRUARY 18<sup>TH</sup> 2008 DAY ONE (MONDAY)**

8:00 – 8:15	Welcome	Dan Lukaczer, ND
8:15 – 10:00	Overview and Introduction to the Functional Medicine Matrix	David Jones, MD
10:00 – 10:30	<i>Morning Break</i>	
10:30 – 12:00	Digestion and Absorption, Part I The Gastrointestinal System: Anatomy and Physiology–Form follows Function	Tom Sult, MD
12:00 – 1:30	<i>Lunch Break</i>	
1:30 – 3:30	<i>Case Study Breakouts</i>	IFM Faculty
3:30 – 4:00	<i>Afternoon Break</i>	
4:00 – 5:30	Digestion and Absorption, Part II The Gastrointestinal System: A Functional Approach to Clinical Practice	Patrick Hanaway, MD
5:30 – 6:00	Review Daily Learning Objectives	IFM Faculty
6:30 – 8:00	<i>IFM - Welcome Reception</i>	

**FEBRUARY 19<sup>TH</sup> 2008 DAY TWO (TUESDAY)**

8:00 – 9:30	Detoxification and Biotransformation, Part I	Dan Lukaczer, ND
9:30 – 10:00	<i>Morning Break</i>	
10:00 – 11:00	Detoxification and Biotransformation, Part II Assessment of the Toxic Patient	John Cline, MD IFM Faculty
11:00 – 12:00	<i>Case Study Breakouts</i>	
12:00 – 1:30	<i>Lunch Break</i>	
1:30 – 2:30	Detoxification and Biotransformation, Part III Case Studies	John Cline, MD
2:30 – 3:15	Structural Integrity, Part I Structure Issues	David Musnick, MD
3:15 – 3:45	<i>Afternoon Break</i>	
3:45 – 4:30	Structural Integrity, Part II The Exercise Prescription	David Musnick, MD
4:30 – 5:00	Review Daily Learning Objectives	IFM Faculty
5:00 – 6:00	<i>Case Study Breakouts</i>	IFM Faculty



FEBRUARY 20<sup>TH</sup> 2008 DAY THREE (WEDNESDAY)

8:00 – 9:30	Inflammatory Processes, Part I Immune Dysfunction and Inflammation: A Functional Medicine Approach	Robert Rountree, MD
9:30 – 10:00	<i>Morning Break</i>	
10:00 – 12:00	Immune Surveillance Allergy, Hypersensitivity Food and Environmental Toxins	Michael Stone, MD
12:00 – 1:30	<i>Lunch Break</i>	
1:30 – 3:00	Inflammatory Processes, Part II Dampening the Fire	Robert Rountree, MD
3:00 – 3:30	<i>Afternoon Break</i>	
3:30 – 4:00	Review Daily Learning Objectives	IFM Faculty
4:00 – 6:00	<i>Case Study Breakouts</i>	IFM Faculty

FEBRUARY 21<sup>ST</sup> 2008 DAY FOUR (THURSDAY)

8:00 – 9:30	Oxidative/Reductive Homeodynamics, Part I Energy Metabolism and Oxidative Stress	Catherine Willner, MD
9:30 – 10:00	<i>Morning Break</i>	
10:00 – 11:30	Oxidative/Reductive Homeodynamics, Part II Oxidative Stress and Functional Neurology	Catherine Willner, MD
11:30 – 1:00	<i>Lunch Break</i>	
1:00 – 3:00	Hormone and Neurotransmitter Regulation, Part I Applied Endocrinology: Overview and Adrenal Dysfunction	Bethany Hays, MD
3:00 – 3:30	<i>Afternoon Break</i>	
3:30 – 4:00	Review Daily Learning Objectives	IFM Faculty
4:00 – 6:00	<i>Case Study Breakouts</i>	IFM Faculty



FEBRUARY 22<sup>ND</sup> 2008 DAY FIVE (FRIDAY)

8:00 – 9:00	Hormone and Neurotransmitter Regulation, Part II	
	Applied Endocrinology: Insulin Resistance	Dan Lukaczer, ND
9:00 – 10:00	Hormone and Neurotransmitter Regulation, Part III	
	Applied Endocrinology: Thyroid Dysfunction	Alicia Stanton, MD
10:00 – 10:30	<i>Morning Break</i>	
10:30—12:15	Hormone and Neurotransmitter Regulation, Part IV	
	Applied Endocrinology: Women's Hormones and Women's Health	Margaret Christensen, MD
12:15 – 1:30	<i>Lunch Break</i>	
1:30 – 2:30	<i>Case Study Breakouts/Hot Topic Discussions</i>	IFM Faculty
2:30 – 4:00	Psychological/Spiritual Equilibrium and The Readiness to Change Model	Joe Lamb, MD
4:00 – 4:30	<i>Afternoon Break</i>	
4:30 – 5:00	Review Daily Learning Objectives	IFM Faculty
5:00—6:00	<i>Case Study Breakouts/Hot Topic Discussions</i>	IFM Faculty
6:30 – 8:30	<i>Farewell Dinner</i>	

FEBRUARY 23<sup>RD</sup> 2008 DAY SIX (SATURDAY)

8:00 – 8:30	The IFM Forum: Access, Use and Benefits	Dan Lukaczer, ND
8:30 – 9:30	Applying the Model-Q and A: Roundtable Discussion	IFM Faculty
9:30 – 11:00	Applying Functional Medicine in an Existing Practice	Mark Hyman, MD