



CALL FOR PRESENTATIONS

16TH INTERNATIONAL SYMPOSIUM on FUNCTIONAL MEDICINE

May 27–30, 2009 ♦ Hollywood, FL

SYMPOSIUM THEME

Assessment and Treatment of Mood Disorders from a Functional Medicine Perspective

GENERAL SYMPOSIUM LEARNING OBJECTIVES

- ♦ Improve assessment and differential diagnosis of various mood disorders by understanding underlying antecedents, triggers, and mediators.
- ♦ Describe and recognize preventive strategies for common mood disorders such as depression and anxiety.
- ♦ Understand factors that can lead to conventional treatment-resistant depression, and discuss several alternative strategies in the treatment of these patients.
- ♦ Explore the relationship of various mood disorders with cardiac disease, diabetes, obesity, and cancer.
- ♦ Recognize how lifestyle changes can improve depression and anxiety.
- ♦ Design treatment programs using diet and nutritional supplementation to improve patients with mood disorders.
- ♦ Recognize how environmental toxins and impaired detoxification can affect learning and mood, and design appropriate treatment strategies.
- ♦ Recognize how hormonal imbalance can affect mood, and design appropriate treatment strategies.
- ♦ Understand how laboratory assessment can help to inform treatment strategies in mood disorders.

PROCESS FOR RESPONDING TO THE CALL FOR PRESENTATIONS

1. Submit an **Abstract** of your proposed presentation (not to exceed 250 words), and include 2 specific learning objectives for the attendees.
2. Provide a brief **Bibliography** containing the 10–20 references that provide the best evidence underlying your proposed talk. Include a hard copy of the top 2–3 articles from that list (may be e-mailed as PDFs, faxed, or mailed as hard copies).
3. Provide a **CV** or **Resumé** showing your current position, educational background, previous presentations, and key publications. List current contact information (address, work phone, fax, e-mail, cell phone).
4. **By July 31, 2008, send all of the above to:**
Dan Lukaczer, ND, Associate Director of Medical Education, Institute for Functional Medicine
By mail: 4411 Pt. Fosdick Dr NW, Ste 305
Gig Harbor, WA 98335
By e-mail: danlukaczer@fxmed.com
By fax: 253-853-6766
5. If accepted for presentation, you will be notified by November 1, 2008, and your talk will be assigned to the most appropriate of the following session types:
 - **Plenary Session** (generally 1 hour, focusing on the latest information emerging from the research base—the “state of the science”)
 - **Concurrent Session** (generally 1.5 hours, focusing on clinical applications of the science)
 - **Precourse** covering the mechanisms in biochemistry or physiology that underlie the primary topic (may be 1–2 hours)

Note: Speakers receive an honorarium, and their travel, lodging, and meal expenses are covered. Complimentary registration for the entire Symposium is included. IFM provides detailed guidelines about timelines and formats for submitting course materials (deadline is usually about 2 months ahead of the activity). Disclosures concerning conflicts of interest are required. Submitting a proposal does not ensure acceptance as a speaker. Find additional information about IFM at www.functionalmedicine.org.